

### **OCCUPATIONAL THERAPY**

The practice of occupational therapy means the therapeutic use of everyday life activities (occupations) with individuals or groups for the purpose of participation in roles and situations in home, school, workplace, community and other settings.

Occupational therapy services are provided to those who have or are at risk for developing an illness, injury, disease, disorder, condition, impairment, disability, activity limitation, or participation restriction.

Occupational therapy addresses the physical, cognitive, psychosocial, sensory, and other aspects of performance in a variety of contexts to support engagement in everyday life activities that affect health, wellbeing, and quality of life.

Only Occupational Therapy Practitioners licensed by Texas Board of Occupational Therapy Examiners can provide occupational therapy in Texas.

TBOTE licenses approximately 7,000 occupational therapists and 2875 occupational therapy assistants.

Questions about the Act and Rules may often be found on the page [Got A Question?](#) If your question is not answered there or in the rules, please phone the TBOTE office, 512/305-6900.